Awards! AWARDS!!!!

The wait is over! THANK YOU for your patience!

The new awards system is now open! WALK, don't run, we have some information for you you need to know before proceeding!

Yes, new...because there are some new elements. Let's go over what's new and what's staying the same.

What's New:

There are still two rounds of awards, but the deadlines have changed. The deadline for Round 1 is May 1. The deadline for Round 2 is September 1. **So remember May 1 and September 1.** Mark those calendars!

**IF YOU ARE A COMMUNITY OF EXCELLENCE whose status ended in 2020-**
designation will be extended through 2021. This is to give you extra time due to the award system's COVID pause. Your community will still have to review it's status, along with Communities of Excellence 2021 communities in September. YES. September.

**Community Folios** - Community Folios are now a part of the Kansas PRIDE Program award system. The main reason was to help develop or build your capacity in the program and mechanisms to being a PRIDE community. Mechanisms include understanding how to handle dollars, how to recruit others, etc. While being in good standing (Enrolled, Resolution of Government Support, and Reporting) and the folios are required, doing all of the educational modules are not.

You might ask yourself: "Then why do them at all?" There are two reasons:

1. The education will help your organization;
2. If your community is a Community of Action looking to be a Community of Excellence, it gives you a nice roadmap and boost of what to do next;
3. The more education you have, the more points go toward your application.

Only one Folio is needed per community that is applying for grants. You do not need to submit one per award...unless you have updated your education, then feel free to, it might as well count!

**CLICK HERE to get started on Education.**

You can check out the new Folios **HERE**.

**Community Emergency Grant** - brought to you through our partnership with the Kansas Masons, this new grant can help your community after a disaster has occurred. These grants go up to $1,000 per project. The application is open throughout the year and ANY PRIDE community can apply for these grants, but there are limited funds, so when the funds are gone for the year, they're gone. These can be impacts to community projects or needs related to:

1. Community and Economic Resilience
2. Community Health
3. Natural Occurring Disasters

For more detailed examples of what constitutes the above disasters, visit: [https://extensiondisaster.net/resource-dashboard/](https://extensiondisaster.net/resource-dashboard/)

**Volunteers Impact PRIDE Grant** - will be offered in the fall.

**What is staying the same:**

The following recognition awards and grant processes remain the same (although the applications may have been edited for usability):
Recognition (ALL PRIDE communities can apply for these awards:

- Project Excellence - you can still nominate an awesome project that your community has done for state recognition
- Rising Star - you can still nominate (and get a guaranteed award - one per community per year) a person or entity that has gone above and beyond for your local PRIDE organization

Follow the Promotion Page Link to have a look - HERE.

Grants:

- Community of Growth grant - up to $200 of seed money for communities to start new projects/or support current projects (Community of Growth ONLY now - so I lied, something did change here)
- Community of Action grant - $500 - $2,000 grants to support community projects (Communities of Action and Excellence ONLY)
- Community Promotion Grant - brought to you by our partnership with the Kansas Masons - $1,000 grants to help promote your community (Communities of Action and Excellence ONLY)
- Volunteers Impact PRIDE Grants - for Communities of Excellence ONLY - up to $15,000 for larger scale projects

Follow the Funding Page Link to have a look - HERE.

If you are a new community, or new to the awards process, never fear! You won't know what is the same or different...but if you have questions or concerns, don't hesitate to contact us at PRIDE@ksu.edu - we are here to help!

Be on the lookout for new videos about awards and folios on the Education page in the near future.

Alright then, Ready? Set? APPLY! -Jaime Menon, K-State Research and Extension PRIDE Co-Coordinator, jmenon@ksu.edu

Database News

Well, we encountered some expected, and not so expected situations with the database. THANK YOU for reaching out to help us help you, and make the system better for communities!

If you got in there and found it so dazzling you had to close your browser window, we understand...it is a really pretty database. BUT if you went in and got turned around, or confused, there are some videos to help with Enrollment and Reporting.

If you are still experiencing issues, Jan and I are here to help! Contact us at PRIDE@ksu.edu and we will get you on the right track.

Remember, to be in good standing, your community must be enrolled, have a resolution of government support, and have your reporting up to
Osawatomie PRIDE has partnered with their local food pantry to provide assistance. COVID-19 required the food pantry to change their model to drive-thru distributions which requires an additional 10+ hours of volunteer labor each week to box up food. Every Monday evening, Osawatomie PRIDE members meet to take on this task.

Things are going well in Caney as they continue to work on their new grocery store. As of the last update painting has been done inside and out, and the finishing touches have been added to the shelving units. A new awning has been installed and a Caney Market sign is in the works as well. We look forward to seeing the ribbon cutting pictures!

McFarland PRIDE was busy with holiday celebrations at the end of 2020. In November large ornaments were hung in the park and holiday banners were installed on street light poles downtown. The 7th Annual House Decorating Contest was a success with 3 winners receiving cash prizes, and Santa’s visit was a drive-thru event.

Resources for Mental Wellness

It certainly has been a time, hasn't it? We have been under a lot of stress, anxiety and maybe a little depression. Or a lot. I can only speak from my experience (winter depression added in there makes things extra special). But I joke, try to lighten the mood. Many of us do as the person seen here, put a smile on...and we might not feel like we can talk about our feelings.

I wanted to take a moment to give you some resources concerning mental health awareness, as well as places you can reach for assistance if you ever, or someone else may ever, feel the need.
I know we have sent out some great resources from K-State Research and Extension for health and wellness for COVID Resources, and the Center for Disease Control and Prevention have some good resources that can be taken in and outside of COVID times, but I dug a little bit deeper and reached out to K-State Research and Extension Family and Consumer Sciences for some focused resources. They, being awesome like you, were happy to share more. So a shout out to K-State Research and Extension Family and Consumer Sciences for sharing links to the great information below!

Sometimes we don't know what we don't know about ourselves. Are we fine? Is it just a phase? A bad day/month/season...or could it be more? Why not try a mental health test or two to be sure, from Mental Health America.

https://screening.mhanational.org/screening-tools

Feeling stressed? Not sure what the signs of stress are? This resource from K-State Research and Extension Frontier District centers around Farm and Ranching stress, but has a lot of good resources for just about everyone who might be coping with stress and tools to manage it:

https://www.frontierdistrict.k-state.edu/family/manage-stress-and-pursue-wellness/

And others working through Agriculture related stress:  
https://www.kansasagstress.org/

There is even a Directory of Mental Health Resources in Kansas. The link is a bit long, so CLICK HERE to access.

And did you know that there are Community Mental Health Centers in Kansas? Maybe something good to know sometime for you or someone you care about. They even have a map that shows all of the locations:

http://www.acmhck.org/resources/cmhc-map/

There is also the National Alliance on Mental Illness here in Kansas, which provides programs of education, support and advocacy of people living with mental illness, their families and friends. There might even be a location near you:

https://www.nami.org/Find-Your-Local-NAMI/Affiliate?state=KS

With all of that said and provided, we at Kansas PRIDE want you to know that we care about you. We all need a little help sometimes, sometimes a lot, and that is okay! I think we forget to take care of ourselves when we are taking care of others (it happens!). Just remember that there are resources out there, and people who care!

-Jaime Menon, K-State Research and Extension PRIDE Co-Coordinator, jmenon@ksu.edu
GRANT WRITING WORKSHOPS ARE BACK!

In 2021, K-State Research and Extension Grant-writing workshops are going online.

The online workshop is designed to be presented to participants in two 3-hour courses and will cost $60. Local Extension agents are the hosts for the workshops, but since workshops are online, you can attend any workshop in the state. There are two ways to participate: go to our website (https://www.ksre.k-state.edu/community/) and register at a scheduled workshop or ask your local agent to host.

The workshops are based on the same workshop that has been conducted statewide to more than 1,700 participants in 60 local communities. In-person workshop participants who responded to a survey 6-12 months after their grant workshop (36% response), reported writing $48.5 million of grants with $24.8 million of successful grants.

For more information, contact Nancy Daniels nkDaniels@ksu.edu

External Funding Opportunities

Want to put your new grant writing skills to use? Here are some opportunities for project funding outside of the Kansas PRIDE grants:

The J.M. Kaplan Foundation Fund/Furthermore offers grants twice yearly ranging in amounts from $1,500 to $15,000 to assist organizations in publishing non-fiction books. If your local PRIDE group has a project, or is working with another local group on a project, that will result in the publishing of a book about your community’s art, cultural history, architecture, or any related public issues, including conservation and preservation, you may qualify for this grant. While 2/3 of the grants go to New York State/New York City projects, the rest of the funding typically is awarded to other areas of the country and internationally. Deadlines are March 1, 2021 and September 1, 2021. See site for full details: http://www.furthermore.org/furthermore.html

Local libraries and museums have an opportunity from the National...
Endowment for the Humanities for Sustaining Cultural Heritage Collections. Grants for planning range up to $50,000 and implementation up to $350,000 for projects that preserve books, manuscripts, photos, sound recordings, video, archaeological/ethnographic artifacts, art, and historical objects. Check their site for draft and application due dates: https://www.neh.gov/grants/preservation/sustaining-cultural-heritage-collections

The Lisa Libraries offers assistance to organizations in low-income or underserved areas that need a small library, to rebuild or add to a library, or serves children who would benefit by being given new books to take home. If you are such an organization, or know of one in your community, you can visit The Lisa Libraries page for details on how to participate: http://lisalibraries.org/need-books/

The Kerr Foundation offers grants in Kansas and Oklahoma in the areas of education, health, human services, and arts/culture. Favorable consideration of a proposal will normal be in the form of a challenge grant where an amount raised by the community equals dollar for dollar what is requested from the Foundation. Letters of inquiry/intent are due April 30th with the application then due in June. Visit their site for more details on eligible projects and the application: http://www.thekerrfoundation.org/guidelines.php

Additional Funding Resources

Is your Kansas PRIDE community looking for funding to help with certain projects? Let us know what the project is, how much you're seeking, and what your timeline looks like. We have access to a grants database and likely can give you some links to potential funding sources. Just email us at PRIDE@ksu.edu with your request and project idea. Not a Kansas PRIDE community? This resource is a great reason to join! You can also reach out to your local Extension office which should have access to the database as well. - Jan Steen, Kansas PRIDE Program Co-Coordinator, jmsteen@ksu.edu

Volunteers and Action Plans

After you've identified a need in your community, creating an Action Plan can be a good way to outline what needs to be done next. Click here for an action plan outline and template worksheet.

Many potential volunteers today aren't looking for long-term commitments, but
rather to offer their skills and time to causes and issues they care about. Having Volunteer Role Description gives those potential volunteers all the information they need to know to help them decide whether the opportunity is right for them. You can view a sample volunteer role description here.

Thanks to Penn State Extension for these great resources! - Jan Steen, Kansas PRIDE Program Co-Coordinator, jmsteen@ksu.edu

Up for a Community Visit? We Are, Too!

Our offer at the end of each newsletter is to come to your community so we can present an overview of the program, should you be interested in enrolling, or to discuss the program and any of its components or training modules in person if you’re already in the program. Travel restrictions imposed due to the COVID-19 situation prevent us from visiting in person currently, but we still would be more than happy to host a Zoom meeting where your PRIDE group members, city council members, chamber participants, Masonic Lodge, or other groups could individually log in to see the presentation and ask questions. Just e-mail us at PRIDE@ksu.edu to set up a schedule.

To view pre-recorded webinars giving an introduction to the program, step-by-step instructions on how to enroll or report, fundraising, recruiting volunteers, and more, head over to our Education page for more. - Jan Steen, Kansas PRIDE Program Co-Coordinator, jmsteen@ksu.edu

Aside from posting news and information on the Kansas PRIDE Facebook Page between newsletters (we don’t want to end up in your junk folder!), we (as in Jan and Jaime) are now hopping on Facebook Live on some Fridays for some education and small talk - and sometimes the odd trivia question! Join us on Fridays (usually around 10am or a bit later - Jan and I (as in mostly I) are still getting used to it!) for some learning opportunities!

Like Us On Facebook!
First Friday e-Calls: Check'em Out!
K-State Research and Extension offers entrepreneurship webinars every first Friday of the month, and there have already been some great sessions this year. If you missed them, they've been recorded and are available to view at your convenience along with the slides and some notes. Visit: https://www.ksre.k-state.edu/community/business/entrepreneurship/ for all past sessions.
Registration information for upcoming sessions can be found here: https://www.ksre.k-state.edu/community/events/

Shout Out to Our Newest Sponsor

Welcome to our newest sponsor, Porch.com! Kansas PRIDE program sponsors help make educational, recognition, and funding opportunities available to communities across Kansas. If your company or organization would like to sponsor Kansas PRIDE, click the link below. To visit Porch.com's site, click on their logo.

Sponsor Opportunity

Have a local event going on? Got great places to visit? Eat? Play?

Why not send your ads here and we will place them in our newsletter? You just have to send a high quality photo and the verbiage you want to use and we will place them in our newsletter for one month!

Send Your Ad Here!

EVENTS CALENDAR

Quarterly Report Dates:
Don't forget to enroll for 2021!

Enroll Here

2021 Kansas PRIDE Communities

The following communities have enrolled in the Kansas PRIDE Program for the year of 2021.

To enroll your community for this program year, visit our Enrollment and Reporting page and click on the light blue "Enroll" button to get started.

- Alton
- Anthony
- Arlington
- Blue Rapids
- Bushton
- Caney
- Columbus
- Delia
- Glasco
- Iola
- Kinsley
- Lecompton
- Luray
- McFarland
- Melvern
- Newton
- Norton
- Osawatomie

Spring Awards Deadline:
- May 1st

*Due to the database transition, 2020 report editing and submission will be available until March 15, 2021.
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